

St Andrew's PE Curriculum

Year A	Autumn From Land's End to John O'Groats <i>What does it mean to be British?</i>	Spring To the Edge of the World <i>What does it mean to have courage?</i>	Summer All Things Bright and Beautiful <i>Why is it important to look after our world?</i>
Year 1&2	PE Y1: Dance: The Great Fire of London Ball skills Gymnastics PE Y2: Dance: The Great Fire of London. Gymnastics Ball skills Football FUNdamentals.	PE Y1: Ball skills-basketball. Dance: journey through space & Antarctica. Gymnastics sequences. PE Y2: RugbyFUNdamentals Dance: Space Mini Muay-Thai Gymnastics	PE Y1: Dance – In the jungle: animal movements Athletics skills: running, jumping, throwing/orienteering. PE Y2: Dance: Jungle Athletics/Cricket/Tennis/orienteering
Year B	Autumn Where we Live <i>What does it mean to belong to a diverse community?</i>	Spring Changing homes, changing times. <i>How can I become an agent of change?</i>	Summer On the Farm <i>Where does our food come from and how can we make sure there's enough for everyone?</i>
Year 1&2	PE: PE Y1: Ball skills-throwing and catching. Gymnastics:Landscapes and Cityscapes. Dance: The Seasons PE Y2: Gymnastics/Ball skills /Football FUNdamentals Dance :seaside	PE Y1: Dance: The Seasons Ball skills-rugby & football. Gymnastics-travelling. PE Y2: Dance: Eco Warrior Mini Muay-Thai/Gymnastics/Rugby FUNdamentals	PE:Athletics skills: running, jumping, throwing Cricket/Orienteering. Y2:Athletics/Cricket/Tennis/ Orienteering

Year A	People on the Move <i>Why did people go on journeys? What does migration look like in modern times?</i>	Spring Children of the World <i>How do different people live around the world? Why is diversity important?</i>	Summer Our Strength Within <i>How do people adapt to challenges?</i>
Year 3&4	PE: Y3/4 Gymnastics: 5 Basic Jumps, travelling tasks, rolls and balances. Paired Sequences. PE: Y3 - Football / hockey PE:Y4 - Basketball / Swimming PE:Y3/4: Orienteering	PE: Dances Around the World e.g Salsa, Bachata, Irish Dance, English Country Dance PE: Y3 - Basketball / rugby (Plymouth Albion coaching) PE: Y4 - rugby (Plymouth Albion coaching)	PE: Gymnastics progressing to apparatus sequences and World War 2 Dance (Lindy Hop) PE: Y3 - Tennis / athletics / cricket PE: Y4 - athletics / cricket

St Andrew's PE Curriculum

Year B	Back to the Stone Age! <i>Why is it important to be resilient?</i>	Roman Invaders! <i>What is Legacy? How do we see the Roman legacy today?</i>	From the Moor to the Sea <i>How does learning about our local area affect how we protect it for the future?</i>
Year 3&4	PE: Y3/4 Gymnastics: 5 Basic Jumps, travelling tasks, rolls and balances. Paired Sequences. PE: Y3 - Football / hockey PE:Y4 - Basketball / Swimming PE:Y3/4: Orienteering	PE: Y3 - Roman testudo attack and defence dance. Volcanic eruption dance PE: Y3 - Basketball / rugby (Plymouth Albion coaching) PE: Y4 - rugby (Plymouth Albion coaching) Volcanic eruption dance	PE: Gymnastics progressing to apparatus sequences. PE: Y3 - Tennis / athletics / cricket PE: Y4 - athletics / cricket

Year A	Autumn The Power of Propaganda <i>How does the media impact/influence society?</i>	Spring Echoes of Destruction <i>What is the environmental impact of mankind?</i>	Summer Citius, Altius, Fortius <i>What will be your legacy?</i>
Year 5&6	Y5 Football, dance – Lindy Hop, gymnastics - balances Y6 Football, rugby, dance – Lindy Hop	PE: Y5 Hockey, gymnastics – travelling sequences. PE: Y6 Hockey, basketball & Netball. Gymnastics- body shapes.	PE: Y5 Basketball, athletics PE: Y6 Athletics, cricket, gymnastics Orienteering Yr5: Classic point-to-point Yr6: Compass skills & team building
Year B	Autumn Small Steps for Mankind <i>What can we learn from the past to guide our future?</i>	Spring The Winds of Change... <i>What Can We Learn From Our Ancestors?</i>	Summer All Aboard! <i>Is progress always positive?</i>
Year 5&6	PE: Y5 Football PE: Y6 Football, rugby, Netball	PE: Y5 Hockey, Tai Chi, gymnastics - travelling sequences PE: Y6 Hockey, basketball & Netball, Tai Chi	PE: Y5 Basketball, athletics, rounders PE: Y6 Athletics, cricket, gymnastics Orienteering Yr5: Classic point-to-point Yr6: Compass skills & team building

St Andrew's PE Curriculum