St. Andrew's C of E (VA) Primary School

Physical Education Curriculum Statement

"I have come that they may have life, and have it to the full. John 10:10"

Intent, Implementation and Impact

"Sport has the power to change the world."

Intent:

At St Andrew's, we recognise the importance of Physical Education as an integral part of a broad and balanced curriculum. We believe PE plays a vital role in promoting physical development, emotional wellbeing and healthy lifestyles whilst developing confidence, resilience and teamwork.

Our PE curriculum aims to inspire all pupils to succeed and excel in competitive sport and other physically demanding activities. Through high-quality teaching and a wide range of sporting experiences, children develop fundamental movement skills, become physically literate and gain the confidence and motivation to participate in physical activity throughout their lives.

We aim:

- To provide a broad, balanced and progressive PE curriculum that enables all children to develop physically, socially and emotionally.
- To develop competence in a wide range of physical activities and sports.
- To develop physically literate children who have the confidence, competence, knowledge and understanding to participate in physical activity and sport throughout their lives.
- To ensure all pupils, including those with SEND, are fully included in PE lessons and sporting opportunities through appropriate support, adaptation and challenge.
- To encourage children to lead healthy, active lifestyles and understand the importance of regular physical activity for physical and mental wellbeing.
- To develop resilience, leadership, teamwork, communication and sportsmanship through participation in sport and physical activity.
- To provide opportunities for children to compete in sport and other activities that build character and help embed values such as fairness and respect.
- To ensure children develop the skills necessary to swim confidently and safely.
- To foster a lifelong enjoyment of physical activity and sport.

Implementation:

At St Andrew's, we are committed to providing high-quality Physical Education that inspires all pupils to succeed, enjoy being active and develop the knowledge, skills and confidence needed for lifelong participation in sport and physical activity. The curriculum is carefully sequenced to ensure progression in knowledge, skills and vocabulary from Reception through to Year 6.

Children participate in two high-quality PE lessons each week covering a range of areas including:

- Fundamental Movement Skills
- Gymnastics

- Dance
- Athletics
- Games
- Invasion Games
- Net and Wall Games
- Striking and Fielding
- Outdoor and Adventurous Activities
- Swimming (Key Stage 2)

Learning is planned to progressively develop children's physical competence, tactical awareness and understanding of healthy participation in sport and physical activity. PE lessons are carefully adapted to ensure all pupils can access learning and achieve success. Activities are modified where necessary to provide appropriate support and challenge, enabling every child to participate fully and make progress from their individual starting points.

Teachers assess pupils' knowledge, skills and understanding through observation and assessment for learning opportunities. Assessment information is used to inform future planning and ensure progression throughout the curriculum.

Children participate in a range of extra-curricular sporting clubs, providing opportunities to further develop skills, increase participation and promote enjoyment of physical activity. Physical activity is encouraged beyond PE lessons through active playtimes, playground equipment, organised activities and leadership opportunities. These experiences promote positive attitudes towards being active throughout the school day and contribute towards achieving the recommended sixty active minutes each day.

Children in Key Stage 2 are provided with opportunities to develop leadership skills through roles such as Sports Leaders. They support physical activity across the school, help organise events and act as positive role models for younger pupils.

Pupils are given opportunities to participate in a variety of festivals, competitions and sporting events both within school and against other schools. These experiences promote teamwork, resilience, sportsmanship and pride in representing the school. Swimming lessons are provided for pupils in Key Stage 2 to ensure they develop confidence and competence in the water and work towards meeting National Curriculum expectations. Physical activity, wellbeing and healthy lifestyles are promoted across the wider school curriculum and contribute positively to pupils' personal development. Children are encouraged to make healthy choices, develop positive attitudes towards physical activity and understand the benefits of maintaining an active lifestyle.

The PE and Sport Premium funding is used effectively to enhance the quality of teaching, provide professional development opportunities for staff, increase participation in physical activity and broaden the range of sporting experiences available to pupils.

Impact:

Physical Literacy

At St Andrew's, we strive to develop physically literate pupils who possess the motivation, confidence, physical competence, knowledge and understanding to value and take responsibility for engaging in physical activity throughout their lives. Through a broad and progressive curriculum, children develop the skills, attitudes and

behaviours needed to participate successfully in physical activity, sport and healthy lifestyles both now and in the future.

The impact of our PE curriculum is evident in the confidence, enthusiasm and positive attitudes that children demonstrate towards physical activity and sport.

Children:

- Develop competence and confidence across a broad range of physical activities.
- Demonstrate resilience, teamwork, leadership and sportsmanship.
- Understand how physical activity contributes to physical and mental wellbeing.
- Show increased levels of participation in physical activity both within and beyond school.
- Engage positively in competitive and non-competitive sporting opportunities.
- Develop the knowledge, skills and confidence required to lead healthy and active lifestyles.
- Leave primary school equipped with the physical literacy, motivation and understanding needed to continue participating in sport and physical activity throughout their lives.
- Participate in a range of intra-school and inter-school competitions and festivals, representing the school with pride and demonstrating positive sporting values.

Through regular assessment and participation opportunities, children make strong progress in their physical development and acquire the skills necessary for future sporting success and lifelong wellbeing.

By the end of Key Stage 2, pupils leave St Andrew's with the confidence, competence and water safety knowledge needed to enjoy swimming safely and successfully as a lifelong physical activity.

We are proud to have achieved the **School Games Gold Award in 2026**. This recognition reflects our commitment to delivering high-quality PE, school sport and physical activity opportunities that enable all pupils to develop, participate and succeed.