St Andrew's PE Curriculum

Foundation	Autumn Term	Spring Term	Summer Term
	Fundamental skills **Dance** Experiments with different ways of moving. Combine movements in dance with ease and fluency. Moves freely and with pleasure and confidence in a range of ways, such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping.	**Gymnastics** **Ball skills** Shows increasing control over an object in pushing, patting, throwing, catching or kicking it. Travels with confidence and skill around, under, over and through balancing and climbing equipment. Jumps off an object and lands appropriately.	**Games** **Athletics (Sports Day)** Negotiates space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles. Negotiate space and obstacles safely, with consideration for themselves and others. Demonstrate strength, balance and coordination when playing. Move energetically, such as running, jumping, dancing, hopping, skipping and climbing
Year A	**Autumn** **From Land's End to John O'Groats** ***What does it mean to be British?***	**Spring** **To the Edge of the World** ***What does it mean to have courage?***	**Summer** **All Things Bright and Beautiful** ***Why is it important to look after our world?***
Year 1&2	**PE Y1: Dance: The Great Fire of London** **Ball skills** **Gymnastics** **PE Y2: Dance: The Great Fire of London.** **Gymnastics** **Ball skills** **Football FUNdamentals.**	**PE Y1: Ball skills-basketball. Dance: journey through space & Antarctica. Gymnastics sequences.** **PE Y2: RugbyFUNdamentals** **Dance: Space** **Ball Skills** **Gymnastics**	**PE Y1: Dance – In the jungle: animal movements** **Athletics skills: running, jumping, throwing/orienteering.** **PE Y2: Dance: Jungle** **Athletics/Cricket/Tennis/orienteering**
Year B	**Autumn** **Where we Live** ***What does it mean to belong to a diverse community?***	**Spring** **Changing homes, changing times.** ***How can I become an agent of change?***	**Summer** **On the Farm** ***Where does our food come from and how can we make sure there's enough for everyone?***

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Year 1&2	**PE: PE Y1: Ball skills-throwing and catching. Gymnastics:Landscapes and Cityscapes. Dance: The Seasons PE Y2: Gymnastics/Ball skills /Football FUNdamentals Dance :seaside**	**PE Y1: Dance: The Seasons Ball skills-rugby & football. Gymnastics-travelling. PE Y2: Dance: Eco Warrior Ball skillsi/Gymnastics/Rugby FUNdamentals**	**PE:Athletics skills: running, jumping, throwing Cricket/Orienteering. Y2:Athletics/Cricket/Tennis/Orienteering**

Year A	**People on the Move** ***Why did people go on journeys? What does migration look like in modern times?***	**Spring Children of the World** ***How do different people live around the world? Why is diversity important?***	**Summer Our Strength Within** ***How do people adapt to challenges?***
Year 3&4	**PE: Y3/4 Gymnastics: 5 Basic Jumps, travelling tasks, rolls and balances. Paired Sequences. PE: Y3 - Football / hockey PE:Y4 - Basketball / Swimming PE:Y3/4: Orienteering**	**PE: Dances Around the World e.g Salsa, Bachata, Irish Dance, English Country Dance PE: Y3 - Basketball / rugby (City College coaching) PE: Y4 - rugby (Plymouth Albion coaching)**	**PE: Gymnastics progressing to apparatus sequences and World War 2 Dance (Lindy Hop) PE: Y3 - Tennis / athletics / cricket PE: Y4 - athletics / cricket**
Year B	**Back to the Stone Age!** ***Why is it important to be resilient?***	**Roman Invaders!** ***What is Legacy? How do we see the Roman legacy today?***	**From the Moor to the Sea** ***How does learning about our local area affect how we protect it for the future?***
Year 3&4	**PE: Y3/4 Gymnastics: 5 Basic Jumps, travelling tasks, rolls and balances. Paired Sequences. PE: Y3 - Football / hockey PE:Y4 - Basketball / Swimming PE:Y3/4: Orienteering**	**PE: Y3 - Roman testudo attack and defence dance. Volcanic eruption dance PE: Y3 - Basketball / rugby (Plymouth Albion coaching) PE: Y4 - rugby (Plymouth Albion coaching) Volcanic eruption dance**	**PE: Gymnastics progressing to apparatus sequences. PE: Y3 - Tennis / athletics / cricket PE: Y4 - athletics / cricket**

Year A	**Autumn The Power of Propaganda** *How does the media impact/influence society?*	**Spring Echoes of Destruction** *What is the environmental impact of mankind?*	**Summer Citius, Altius, Fortius** *What will be your legacy?*
Year	**Y5 Football, dance, gymnastics - balances**	**PE: Y5 Hockey, gymnastics – travelling sequences.**	**PE: Y5 Basketball, athletics**

St Andrew's PE Curriculum

5&6	**Y6 Football, rugby, dance**	**PE: Y6 Hockey, basketball & Netball. Gymnastics- body shapes.**	**PE: Y6 Athletics, cricket, gymnastics** **Orienteering** **Yr5: Classic point-to-point** **Yr6: Compass skills & team building**
Year B	**Autumn** A single thread does not make a cloth ***How is our culture enriched by diversity?***	**Spring** **The Winds of Change…** *What Can We Learn From Our Ancestors?*	**Summer** **All Aboard!** *Is progress always positive?*
Year 5&6	**PE: Y5 Quicksticks, Tag Ruby, Dance** **PE: Y6 Football, rugby, Netball**	**PE: Y5 Hockey, Tai Chi, gymnastics - travelling sequences** **PE: Y6 Hockey, basketball & Netball, Tai Chi**	**PE: Y5 Basketball, athletics, rounders** **PE: Y6 Athletics, cricket, gymnastics** **Orienteering** **Yr5: Classic point-to-point** **Yr6: Compass skills & team building**