

Kit List

Our location on Dartmoor means that the weather can be unpredictable and change quickly, you can often have several seasons in one day!

Whether you're taking part in an activity session or not, we recommend you bring the following:

Clothing

- At least two changes of outdoor clothing
- Waterproof jacket and trousers
- Several warm tops e.g. fleece, jumper or sweater
- Clothing for when not on activity sessions
- Hat, gloves, scarf and sun hat - depending on the season!

Footwear

- An old pair of trainers if taking part in wet or muddy activities
- A second pair of trainers or walking shoes
- Wellington boots - these can be provided but sizes and availability are not guaranteed
- Slippers or other indoor shoes
- Water/beach shoes are **NOT** appropriate for outdoor activities

Bedding

- A single duvet cover (pillows with cases, single duvets and bedsheets are provided)

Other

- Lunch box and drinks bottle
- Towel and toiletries
- Medication e.g. asthma inhaler, epi-pens, insulin
- Sun cream and insect repellent - spring/summer season only
- Day bag or small rucksack

Please do not bring non-essential electronic devices or valuables.